**Power Room STEPS** for Ages 5-105 © Theresa Micheletti

*Pretalk: For small children or second language clients use visuals to make sure client understands the ideas – behind, device, character, superhero, column, safe, vacuum, shield... Optional: Companion for the session, Book of Life for adults, shield (if Captain America, it would be automatic),*

1. State the **ISSUE**
2. Choose a **SUPERHERO** **CHARACTER**

*a. Optional --****COMPANION*** *for the journey*

 3. Build the special **POWER ROOM** with protective Light & columns

 4. Choose a **DEVICE/ZAPPER** (to shoot blue flame to neutralize the issue)

a. *Optional—choose a* ***SHIELD***

 5. Garbage **CLEANER** ( vacuum, vortex...)

 6. Place issue in the **SAFE**.

 7. **LOCK AWAY** forever behind you.

 8. Behind a **WALL** (bricks, steel, cement...)

* 1. *Optional for adults: BOOK OF LIFE (what you learned from experience...)*

9. **TEST** to see if issue gone

**\*REPEAT PROCESS** 2-3 times

*Power on, SUPERHERO CHARACTER, [optional: COMPANION]*

 *Expand power in POWER ROOM,*

 *Expand PROTECTIONS—ZAPPER [optional: SHIELD]*

*ZAP to dust,*

*CLEANER, sucked behind you*

*LOCKED AWAY IN SAFE*

*BEHIND WALL*

*Any bits of dust now disappeared, gone & locked in the safe behind the wall*

 *[Optional for adults: BOOK OF LIFE]*

 **TEST** to see if issue gone

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