**Power Room STEPS** for Ages 5-105 © Theresa Micheletti

*Pretalk: For small children or second language clients use visuals to make sure client understands the ideas – behind, device, character, superhero, column, safe, vacuum, shield... Optional: Companion for the session, Book of Life for adults, shield (if Captain America, it would be automatic),*

1. State the **ISSUE**
2. Choose a **SUPERHERO** **CHARACTER**

*a. Optional --****COMPANION*** *for the journey*

3. Build the special **POWER ROOM** with protective Light & columns

4. Choose a **DEVICE/ZAPPER** (to shoot blue flame to neutralize the issue)

a. *Optional—choose a* ***SHIELD***

5. Garbage **CLEANER** ( vacuum, vortex...)

6. Place issue in the **SAFE**.

7. **LOCK AWAY** forever behind you.

8. Behind a **WALL** (bricks, steel, cement...)

* 1. *Optional for adults: BOOK OF LIFE (what you learned from experience...)*

9. **TEST** to see if issue gone

**\*REPEAT PROCESS** 2-3 times

*Power on, SUPERHERO CHARACTER, [optional: COMPANION]*

*Expand power in POWER ROOM,*

*Expand PROTECTIONS—ZAPPER [optional: SHIELD]*

*ZAP to dust,*

*CLEANER, sucked behind you*

*LOCKED AWAY IN SAFE*

*BEHIND WALL*

*Any bits of dust now disappeared, gone & locked in the safe behind the wall*

*[Optional for adults: BOOK OF LIFE]*

**TEST** to see if issue gone

*by Theresa Micheletti, Premier Hypnosis Training Center*

*Bookme.name/theresam*